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REST FOR THE STRESSED

REFRESHED

August 11, 12, and 15, 2018

Lord, what's my focus? When I focus on this world, its expectations, its demands, its lies about what will truly satisfy, I feel like I wither. But when I sink roots into your truth, your message of peace and hope and love, I finally feel refreshed.

BELLS AND WELCOME

OPENING HYMN 282, vv. 1, 2

Lord, Open Now My Heart to Hear

M The grace of our Lord † Jesus Christ and the love of God and the fellowship of the Holy Spirit be with you.

C **And also with you.**

M Brothers and sisters in Christ, God gives us this command: "Love the LORD your God with all your heart and with all your soul and with all your strength.

C **These commandments that I give you are to be upon your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up" (Deuteronomy 6:5-7).**

M Heavenly Father, your mighty words deserve our meditation both day and night. But we are weak and frail. We have taken your words for granted, ignored them, or filled our minds with words that have no real value. For this we are truly sorry. We come to you for the forgiveness that you can give us only through Jesus Christ, our Savior.

C **Holy and merciful Father, I confess that I am by nature sinful and that I have disobeyed you in my thoughts, words, and actions. I have done what is evil and failed to do what is good. For this I deserve your punishment both now and in eternity. But I am truly sorry for my sins, and trusting in my Savior, Jesus Christ, I pray: Lord, have mercy on me, a sinner.**

M God, our heavenly Father, has been merciful to us and has given his only Son to be the atoning sacrifice for our sins. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the Son † and of the Holy Spirit.

C **Amen.**

LORD HAVE MERCY

M For all that we need in life and for the wisdom to use all your gifts with gratitude and joy, hear our prayer, O Lord.



M For the steadfast assurance that nothing can separate us from your love and for the courage to stand firm against the assaults of Satan and every evil, hear our prayer, O Christ.



M For the well-being of your holy Church in all the world and for those who offer here their worship and praise, hear our prayer, O Lord.



M Merciful God, maker and preserver of life, uphold us by your power and keep us in your tender care.



M The works of the Lord are great and glorious; his name is worthy of praise.

SONG OF PRAISE 282, v. 3

Lord, Open Now My Heart to Hear

To God the Father, God the Son,
And God the Spirit, Three in One,
Shall glory, praise, and honor be
Now and throughout eternity.

PRAYER OF THE DAY

M The Lord be with you
C And also with you.

M Let us pray.
Lord, your precious, holy Word has the power of your Spirit flowing through every sentence, word, and syllable. Your Word is our life-line to you.

C **Help us focus our eyes and ears on your words daily.**

M As your words take root in our hearts, may our actions, words, and lives model your love and faithfulness to all those around us. We pray through Jesus Christ, our Savior, who lives and reigns with you and the Holy Spirit, one God, now and forever.

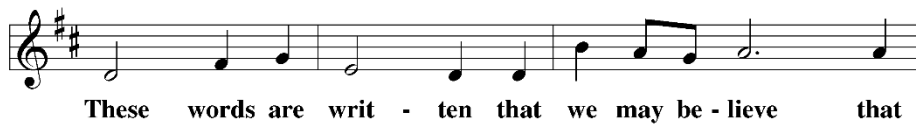


FIRST LESSON

1 Peter 2:1-10, Bible page 1221

Peter encourages us to crave pure spiritual milk.

VERSE OF THE DAY



GOSPEL

Matthew 7:13-29, Bible page 971

Jesus ends his Sermon on the Mount with a call to build our lives on the foundation of his Word.

After the Gospel, the congregation sings:



SERMON

(Saturday and Sunday)
(Wednesday)

Psalm 1, Bible page 536

Pastor Peter Panitzke

Pastor Wayne Shevey

CONFESSION OF FAITH

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary, and became fully human. For our sake he was crucified under Pontius Pilate. He suffered death and was buried. On the third day he rose again in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who in unity with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy Christian and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. Amen.

OFFERING

OFFERTORY

PRAYER OF THE CHURCH

LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

THE SACRAMENT OF HOLY COMMUNION

M The Lord be with you.



C: And al - so with you.

M Lift up your hearts



M Let us give thanks to the Lord our God.



M Praise to the God and Father of our Lord Jesus Christ! In love he has blessed us with every spiritual blessing. He sends the Holy Spirit to testify that we are his children and to strengthen us when we are weak. Now have come the salvation and the power and the kingdom of our God and the authority of his Christ. To him who sits on the throne and to the Lamb be praise and thanks and honor and glory forever and ever.

HOLY, HOLY, HOLY

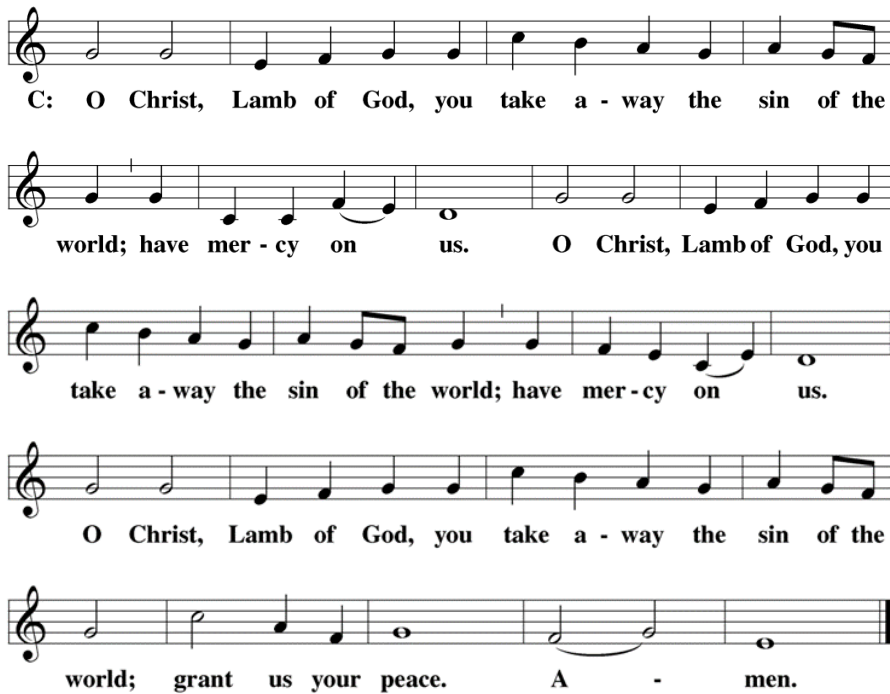


WORDS OF INSTITUTION

M The peace of the Lord be with you always.



O CHRIST, LAMB OF GOD



C: O Christ, Lamb of God, you take a - way the sin of the
world; have mer - cy on us. O Christ, Lamb of God, you
take a - way the sin of the world; have mer - cy on us.
O Christ, Lamb of God, you take a - way the sin of the
world; grant us your peace. A - men.

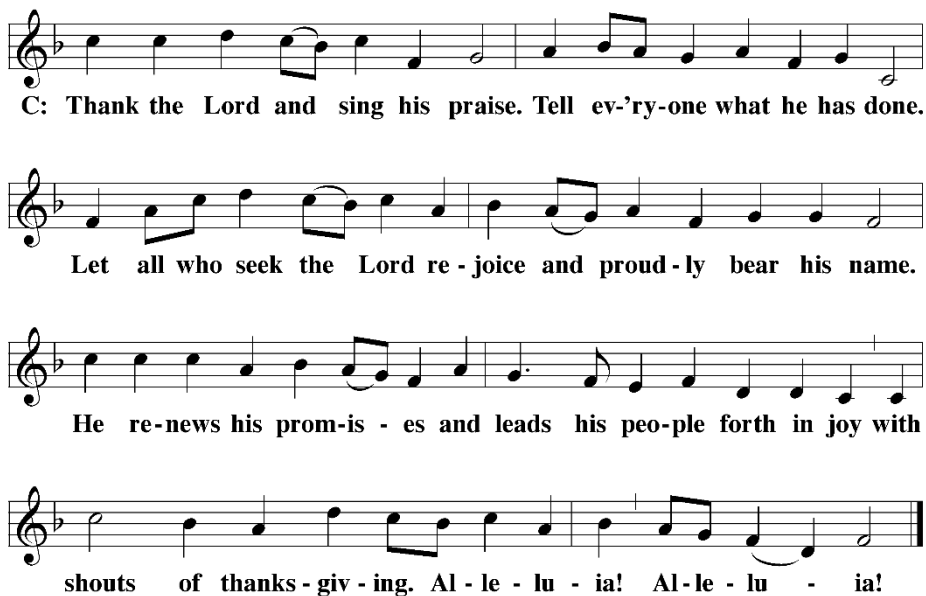
DISTRIBUTION OF THE SACRAMENT

Please see Communion note on page 8.

DISTRIBUTION HYMNS 475
290

The Man Is Ever Blest
One Thing's Needful

THANK THE LORD



C: Thank the Lord and sing his praise. Tell ev-'ry-one what he has done.
Let all who seek the Lord re - joice and proud - ly bear his name.
He re - news his prom - is - es and leads his peo - ple forth in joy with
shouts of thanks - giv - ing. Al - le - lu - ia! Al - le - lu - ia!

M Hear the prayer of your people, O Lord, that the lips which have praised you here may glorify you in the world, that the eyes which have seen the coming of your Son may long for his coming again, and that all who have received in his true body and blood the pledge of your forgiveness may be restored to live a new and holy life, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.



BLESSING

M Brothers and sisters, go in peace. Live in harmony with one another. Serve the Lord with gladness.

The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look on you with favor and † give you peace.



ANNOUNCEMENTS

PRESIDING MINISTER (*Sunday*) *Pastor David Kuehl*

ORGANIST *Darik Mischke*

OUR COMMUNION PRACTICE

The Lord's Supper is a fellowship meal. In this meal Jesus expresses his fellowship with us by giving us his body and blood for the forgiveness of sins. In this meal we also express our fellowship with each other, that is, that we are united in a common confession of faith.

*We at St. Paul's want everyone to enjoy this fellowship meal. However, we cannot ask someone to express agreement with us until we give that person an opportunity to discover what we teach. That is why we schedule frequent membership classes, entitled *Following the Promise*, to provide an overview of our teachings. Contact Pastor Nate Strobel at nstrobel@stpaulmuskego.org to find the session that works best for your schedule.*

*If you are a member of St. Paul's or a member of a WELS or ELS congregation, we invite you to express our common confession by communing with us. You may wish to use the "Personal Preparation for Holy Communion" on page 156 of *Christian Worship* to examine yourself. Please register your intent to commune as a member or guest by filling out the Connection Card and placing it in the offering plate.*

The light colored cups in the center of the individual cup tray contain non-alcoholic wine. Gluten-free wafers are located in the trays on the Communion rail. If you need a gluten-free wafer, please inform an usher as you approach the rail. The first pew in the left center section is reserved for those who have difficulty approaching the Communion rail, and we kindly ask those who desire to be communed privately to use these pews.

WEEKLY CALENDAR

For the week of August 13, 2018

MON	9:00 am	Lutheran Elementary School iFASST
	10:00 am	Walking Club (Centennial Gym)
	5:30 pm	Lutheran Elementary School iFASST
TUE	9:15 am	Ministerial Team Meeting
	10:00 am	Walking Club (Centennial Gym)
	7:00 pm	<i>Following the Promise (Faith Room)</i>
WED	7:00 pm	Traditional Worship Service with Holy Communion
THURS	6:30 am	Sunrise Bible Study (Faith Room)
	10:00 am	Walking Club (Centennial Gym)
	6:30 pm	Back to School Night (Lutheran Elementary School)
	7:00 pm	The Bridge and Contemporary Band Practice
SAT	8:00 am	Men's Breakfast Bible Study (Grace Room)
	5:00 pm	Traditional Worship Service
SUN	7:45 am	Traditional Worship Service
	9:15 am	Traditional Worship Service with Installation of New Lutheran School Teachers
	9:15 am	Grace Room Bible Study
	9:45 am	The Bridge Communion
	10:15 am	The Bridge
	10:15 am	Reception for New Lutheran School Teachers (Faith Room)
	10:45 am	Contemporary Worship Service
	6:30 pm	TUG – Teens Under God (Victory of the Lamb, Franklin)

HEAR AND SEE THE MESSAGE ONLINE!



- **Watch Live:** Attend church remotely on Sundays at The Bridge at 10:15 am. Live streaming is available at www.thebridgemuskego.org, Facebook at *The Bridge at St. Paul's*, and You Tube at *The Bridge Church Muskego*. All past live replays are also available on each platform.
 - **Sermon Videos and Podcasts:** Sunday sermons are available at www.stpaulmuskego.org and www.thebridgemuskego.org. They are usually available Sunday evening for that same Sunday's message.
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FAMILY CHURCH

God Sets the Lonely in Families

- ⁴ Sing to God, sing in praise of his name,
extol him who rides on the clouds;
rejoice before him—his name is the LORD.
- ⁵ A father to the fatherless, a defender of widows,
is God in his holy dwelling.
- ⁶ God sets the lonely in families (Psalm 68:4-6).



On September 9th, we are beginning the “Family Church” series with this truth in mind: **God promises to be a father to the fatherless and set the lonely in families.**

What does your family look like?

This?



or this?



or this?



or this?



No One Alone

Our first goal in the “Family Church” effort is to make sure that everyone at St. Paul’s and The Bridge understands they are part of a family. You may be part of a nuclear family, part of a large extended family that gathers often, or you may be single, divorced, widowed or an empty nester. No matter! We are all part of the family of God.

We hope to form dozens of new Life Groups of three to a dozen people or more where individuals and couples experience that “family of God” love and care. We ask that these groups meet for Bible study and discussion for six weeks in a row to allow time for the group to coalesce. Our prayer is that these groups might become your church family where you can laugh together, pray for each other, and encourage each other. If, at the end of the six weeks, you haven’t found your group a good fit, you can discontinue meeting and try again in our next small group effort.

GroupLink – A Chance to “Try It Before You Buy It”

GroupLink (Thursday, September 13 and/or Sunday, September 16 at 6:30 pm) is a 90-minute experience to find others who are interested in becoming part of a Life Group. As you learn more about Life Groups and talk with those present, you will be able to determine those whose schedules and interests match yours so that you can form a new group.

The beauty of GroupLink is that for the last 30 minutes, you actually can have your first small group experience, getting to know each other and plan the next meeting time and location. **Check GroupLink on your connection card today.**

ST. PAUL'S NEWS

HOSPITALIZED

Terri Raduege has returned to Autumn Leaves, and Lynn Johnson has again been discharged from the hospital.

ATTENDANCE

907 attended worship services last week of which 648 attended the picnic service.

PRAYERS REQUESTED

Please pray for the following individuals in their time of need: David Burkowitz, Mary Schauwitzer, Jeanne Steinbrecher, and Dick and Jane Sternberg.

2018 CHURCH PICNIC THANK YOU

Praise be to God for His mercy and grace as he, once again, blessed us with a beautiful day, a wonderful attendance of families and friends, and a phenomenal group of volunteers! And a very special thank you goes out to the St. Paul's Picnic Committee:

From the first meeting on May 31 until the last table was put away on Picnic Sunday, this A-team worked together to "hit it out of the park," as they served their Lord and their church family. Halleluia! Amen.

CLOTHED IN CHRIST IN BAPTISM

A first step toward a stronger faith is a one-hour personal visit and study on baptism. Schedule this First Step visit with Pastor Nate Strobel by marking the Connection Card or contacting him at nstrobel@stpaulmuskego.org.

FOLLOWING THE PROMISE

This is the perfect place to start if you have never done a Bible study. Did you know that God was planning for you before the creation of the world? Intriguing! God's first promise to you is found in the first chapters of the Bible. In this 15-week study, you will follow that promise through the Bible and see how it impacts your life. This class is also a path to membership at the end if you so wish. There are two opportunities to join in on this study this fall: Tuesdays, beginning September 4, at 7:00 pm and Sundays, beginning October 14, at 8:30 am. Contact Pastor Nate to register at nstrobel@stpaulmuskego.org.

BE A READING BUDDY STARTING WEDNESDAY, SEPTEMBER 5

Reading Buddies will begin its fourth year of encouraging a love of reading in our 1st and 2nd graders, beginning Wednesday, September 5. *Reading Buddies* meets every Wednesday from 9:45 to 10:45 am in the Trinity Cafe. Contact Mr. Seth Fitzsimmons this week at (920) 342-7924 or sfitzsimmons@stpaulmuskego.org if you are interested.

SHORT-TERM EMPLOYMENT OPPORTUNITIES AT ST. PAUL'S CHILD CARE CENTER

St. Paul's Child Care Center is in need of a Teacher's Aide in the Infant Room, Wednesdays, 12:00 - 5:00 pm. Start date needed is December 10, continuing through March 4 (12 weeks).

A Teacher's Aide is also needed in the One-Year-Old Room, Tuesdays and Thursdays, 8:00 - 2:00 pm. Start date needed is December 10, continuing through January 21 (6 weeks).

Please Contact Child Care Center Director Kim Neubauer at kneubauer@stpaulmuskego.org or (414) 422-0320, ext. 200, to apply.

YOUTH GROWING CLOSER TO CHRIST

LUTHERAN SCHOOL MINISTRY

School Begins August 21

Our Lutheran School (K-8) ministry begins on Tuesday, August 21 with an anticipated enrollment of 228. IFASST registration day is Monday, August 13, 9:00 am to noon and 5:30 to 8:00 pm. Back to School night is Thursday, August 16 in the Trinity Gym with two sessions to choose from: 6:30 – 7:10 pm and 7:15 to 8:00 pm. It is not too late to enroll! Contact School Administrator Fitzsimmons at (414) 422-0320, ext. 118.

Pre-K Begins after Labor Day

Our 3K and 4K ministry begins the week after Labor Day. With an anticipated enrollment of 88. There are only a few open seats available. Contact Pre-K Director Michele Drska at (414) 422-0320, ext. 144. We offer a variety of options – half day or all day, the number of days, and wrap-around care. If you would like to consider Christian education for your 3 or 4-year-old, or if you know someone who would still like to enroll their child, contact Pre-K Director Michele Drska at (414) 422-0320, ext. 144.

St. Paul's Child Care Center

Our child care ministry for children six weeks to three years-old is open year-round. If you are interested in enrolling your child or adding your child to the waiting list, contact Child Care Center Director Kim Neubauer at 414-422-0320, ext. 200.

SUNDAY MORNING YOUTH MINISTRY RESUMES ON SEPTEMBER 9

For more information contact Dr. Joel Nelson at (414) 422-0320, ext. 145, or jnelson@stpaulmuskego.org.

Kids Club (Age 3 – Grade 6)

Our Sunday morning youth ministry for children 3 years-old through 6th grade resumes on Sunday, September 9, at 9:15 am.

Boost (Grades 7 & 8)

Boost (7th and 8th grade) also begins on Sunday, September 9, at 9:15 am using a thematic curriculum of Bible history, current events, and life/family issues all centered on God's Word.

PREPARING FOR CONFIRMATION

Confirmation instruction for public school youth in 6th to 8th grade will be offered Wednesdays at 4:30 pm beginning August 29. Required orientation for parents and youth is Monday, August 20, 6:30 – 7:30 pm in church. For more information contact Dr. Nelson at jnelson@stpaulmuskego.org.

TUG – TEENS UNDER GOD



On Sunday, August 19, 6:30-8:00 pm, St. Paul's teens are invited to Victory of the Lamb in Franklin for an evening of outdoor games, food, and a bonfire. If you'd like to attend, contact Dr. Nelson at jnelson@stpaulmuskego.org.

ST. PAUL'S NEWS

REST FOR THE STRESSED MESSAGE SERIES

We know that rest is found in God's Word. But how can we get more benefit from reading the Bible? Join us as we continue to practice a Bible reading pattern that Martin Luther suggested, using the four questions found in today's message outline.

No Time? Luther's Answer:

"Guard yourself against such false and deceitful thoughts that keep whispering: Wait a while. In an hour or so I will pray. I must first finish this or that. Thinking such thoughts we get away from prayer into other things that will hold us and involve us till the prayer of the day comes to naught." – Martin Luther



AUGUST 19

GRATEFUL

PSALM 33

Lord, I live in a world that is all too often negative in its viewpoint. The glass is half empty instead of half full. Yet I have so much to be grateful for. You have given me so many good things. Help me to count my blessings.

AUGUST 26

SAFE

PSALM 139

Lord, you know all things, you are present everywhere, you are all powerful and you are holy. Should that comfort me or frighten me?

SEPTEMBER 2

SOOTHED

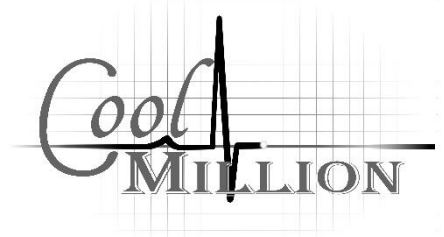
PSALM 73

Lord, I look at the people around me and their lives don't make sense to me. Everything seems to go right for the people who don't give you a second thought. What am I missing?

GIFTS TO GOD

A COOL MILLION

Thank you for your generous contributions to our Cool Million capital campaign. Based on the \$630,000 in gifts and plans for giving, we have approved the replacement of our school's HVAC system that will result in the entire building being air conditioned. The work will begin this summer and be completed next summer. We are also planning to update the Centennial Gym next summer but those plans are dependent on us receiving sufficient funds by February 2019 to proceed with that next project. Write "Cool Million" on your Connection Card and we will send you additional information.



MORTGAGE FUND

With the focus on A Cool Million, giving to the Mortgage Fund has fallen behind our monthly needs and we are dipping into our reserves. Please include the Mortgage Fund in your regular giving plans.

TEACHER PROFESSIONAL DEVELOPMENT FUND

This fund encourages continuing education through special gifts. Our goal is to provide an additional \$500 per teacher or \$7000 per year. If you would like to contribute, mark your gift, "Teacher Professional Development Fund."

TUITION ASSISTANCE

"I can't afford tuition." What a blessing to be able to assure a parent who wants Christian education for their child that generous members of St. Paul's give special gifts to LESTA (Lutheran Elementary School Tuition Assistance) Fund and to SCETA (Secondary Christian Education Tuition Assistance) Fund. These special gifts enable us to provide generous assistance to those in need.

ONLINE GIVING

The most cost-effective way to give is by automatic withdrawal from your checking or savings account. Go to www.stpaulmuskego.org/give or use the QR code to go to our mobile-friendly site. You can designate your gifts for General Fund, Mortgage Fund, Cool Million, LESTA, SCETA, etc.



ST. PAUL'S LOVES OUTREACH

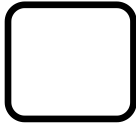
NEW OUTREACH OPPORTUNITIES

CANDY DRIVE

We will be participating in the Muskego Community Festival Parade on Sunday, August 26. Help out by bringing a bag or two of candy to the collection bins at the Welcome Center in the church lobby the weekend of August 19. Donations of money are also appreciated. Please bring only *Smartees*, *Tootsie Rolls*, or lollipops.

FRIDAY NIGHT SUPPERS AT LIGHTHOUSE YOUTH CENTER

St. Paul's is partnering with Lighthouse Youth Center of Garden Homes Lutheran Church to provide suppers for their after-school ministry. The typical menu is easy food to prepare and serves about 30-40 youth. Volunteers provide the food, deliver it, help serve it, and then hang out with the kids a little. If your group would be interested please contact Dr. Nelson (414) 422-1711, ext. 145 or jnelson@stpaulmuskego.org. More information about Lighthouse Youth Center can be found at www.lighthouseyouthcenter.com.



NoteSheet

Sermon Outline

Take notes during the sermon to help you remember the main points

Rest for the Stressed

Refreshed by the Waters

Psalm I

1. Not Urgent – Important

- a. The time: _____
- b. The place: _____
- c. What must change? _____
- d. Who can help me focus on “Not Urgent – Important”? _____

2. Martin Luther’s Garland of Four Strands

“I divide each commandment into four parts, thereby fashioning a garland of four strands. That is, I think of each commandment as, first, instruction, which is really what it is intended to be, and consider what the Lord God demands of me so earnestly. Second, I turn it into a thanksgiving; third, a confession; and fourth, a prayer” (*A Simply Way to Pray* by Martin Luther).

Put Luther’s Four Strands into your own words. Questions might be best.

- a. Instruction

- b. Thanksgiving

- c. Confession

- e. Prayer

3. If I am constantly looking for reasons to thank God and reasons to confess to him, what two teachings of the Bible will I constantly learn and recognize?

- a. _____
- b. _____

Continued on back cover.

4. Practice! Psalm 1:1-2

¹ Blessed is the one
 who does not walk in step with the wicked
or stand in the way that sinners take
 or sit in the company of mockers,
² but whose delight is in the law of the Lord,
 and who meditates on his law day and night.

- a. Instruction _____
- b. Thanksgiving _____
- c. Confession _____
- d. Prayer _____

5. Practice! Psalm 1:3-6

³ That person is like a tree planted by streams of water,
 which yields its fruit in season
and whose leaf does not wither—
 whatever they do prospers.
⁴ Not so the wicked!
 They are like chaff
 that the wind blows away.
⁵ Therefore the wicked will not stand in the judgment,
 nor sinners in the assembly of the righteous.
⁶ For the Lord watches over the way of the righteous,
 but the way of the wicked leads to destruction.

- a. Instruction _____
- b. Thanksgiving _____
- c. Confession _____
- d. Prayer _____

My Next Steps in Finding Rest

- Practice at home or in your small group using the four strands on today's other lessons: 1 Peter 2:1-10 & Matthew 7:13-29.
- Begin reading one of the Gospels, a section a day using the four strands.
- Find a Bible reading plan. There are some at the Welcome Center. There are others available on the YouVersion or BibleGateWay apps.
- Join a Life Group to find rest together. Sign up for GroupLink on the Connection Card.