



S66 W14325 JANESVILLE RD • MUSKEGO WI 53150 • WELS • 414.422.0320 • WWW.STPAULMUSKEGO.ORG

REST FOR THE STRESSED

SAFE

August 25, 26, and 29, 2018

I used to think that I knew myself better than anyone else: my strengths, my weaknesses, what drives me. Yet the more time passes, the more I realize there's a lot I don't understand about myself. But you, Lord, you know me thoroughly. And though at times that's unsettling, deep down, knowing that you know it all, makes me feel safe.

BELLS AND WELCOME

OPENING HYMN 234, vv. 1-4

Praise to the Lord, the Almighty

M In the name of the Father and of the † Son and of the Holy Spirit.



M Dear God, our perfect, heavenly Father, you created us. You knit each one of us together in our mother's womb. You know us better than we know ourselves.

C **You know every sinful thought that flows through our minds and every evil deed we've ever committed, whether done in the open or hidden behind closed doors. There is no where we can run or hide.**

M Father, you have taught us that we don't need to hide. When we come to you and confess our sin, you are gracious and merciful. You forgive us in Christ. We run to you, therefore, and confess our sin, seeking refuge in your loving and forgiving arms.

C **Holy and merciful Father, I confess that I am by nature sinful and that I have disobeyed you in my thoughts, words, and actions. I have done what is evil and failed to do what is good. For this I deserve your punishment both now and in eternity. But I am truly sorry for my sins, and trusting in my Savior, Jesus Christ, I pray: Lord, have mercy on me, a sinner.**



M God is a just and holy God, full of grace and mercy. With an everlasting love he gave his only Son as a sacrifice for our sins. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the † Son and of the Holy Spirit.



M In the peace of forgiveness, let us praise the Lord.

SONG OF PRAISE 234, vv. 5

Praise to the Lord, the Almighty

Praise to the Lord!
Oh, let all that is in me adore him!
All that has life and breath,
come now with praises before him!
Let the Amen Sound from his people again;
Gladly forever adore him!

PRAYER OF THE DAY

M The Lord be with you.



M Let us pray.

Eternal Father, you are the ruler of wind and wave. In your wisdom and love you knit us together in our mothers' wombs and counted out days for our use.

C Comfort our hearts with the assurance that wherever we might be, your right hand holds us fast and your Spirit guides our way.

M We pray this through Jesus Christ, your Son, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.



The Word

FIRST LESSON

Isaiah 43:1-13, Bible page 723

Just as God formed his Old Testament people, protected and cared for them as a witness to his love and grace, so God has called us to be his own as a modern-day testimony to his goodness and love.

VERSE OF THE DAY

M Alleluia. Alleluia! Jesus said: "Come to me, all you who are weary and burdened, and I will give you rest." Alleluia (*Matthew 11:28*).

GOSPEL

John 10:27-30, Bible page 1076

Jesus, our Good Shepherd, knows his sheep and keeps them safe.

After the announcement of the Gospel, the congregation sings:



After the Gospel, the congregation sings:



NICENE CREED

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one being with the Father. Through him all things were made. For us and for our salvation, he came down from heaven, was incarnate of the Holy Spirit and the virgin Mary, and became fully human. For our sake he was crucified under Pontius Pilate. He suffered death and was buried. On the third day he rose again in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who in unity with the Father and the Son is worshiped and glorified, who has spoken through the prophets. We believe in one holy Christian and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come. Amen.

HYMN OF THE DAY 416, vv. 1-4

How Firm a Foundation

SERMON

Psalm 139, Bible page 621

Pastor Jeffrey Bonack

After the sermon, the congregation sings:

C: Cre - ate in me a clean heart, O God, and re -
new a right spir - it with - in me. Cast me not a -
way from your pres - ence, and take not your Ho - ly Spir - it
from me. Re - store un - to me the joy of your sal - va -
tion, and up - hold me with your free Spir - it. A - men.

OFFERING

OFFERTORY (*Sunday 9:15 am*)

On My Heart Imprint Your Image, Bruce and Betty Marggraf

PRAYER OF THE CHURCH

LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

The Sacrament of Holy Communion

M The Lord be with you.

C: And al - so with you.

M Lift up your hearts.

C: We lift them up un - to the Lord.

M Let us give thanks to the Lord, our God.

C: It is good and right so to do.

M It is truly good and right that we should at all times and in all places give you thanks, O Lord, holy Father, almighty and everlasting God, through Jesus Christ, our Lord, who promised that wherever two or three come together in his name, there he is with them to shepherd his flock till he comes again in glory. Therefore, with all the saints on earth and hosts of heaven, we praise your holy name and join their glorious song:

HOLY, HOLY, HOLY

C: Ho - ly, ho - ly, ho - ly Lord God of heav - en - ly hosts
heav'n and earth are full of your glo - ry. Ho - san -
na, ho - san - na, ho - san - na in the high - est.
Bless - ed is he, bless - ed is he, bless - ed is he who
comes in the name of the Lord. Ho - san -
na, ho - san - na, ho - san - na in the high - est.

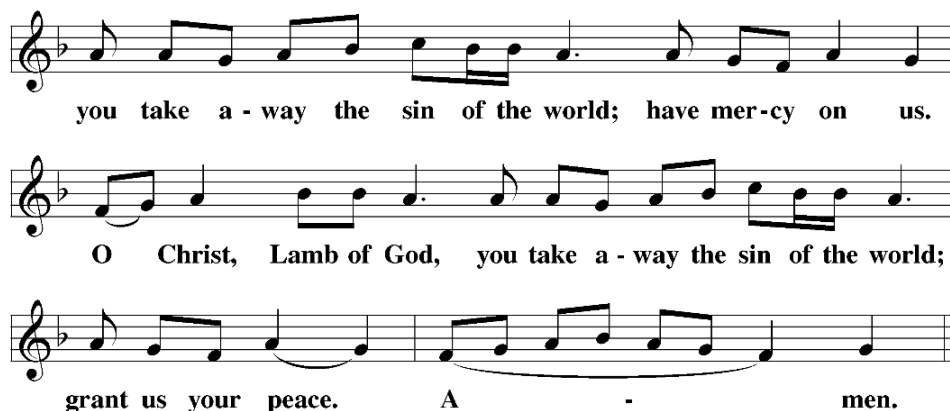
WORDS OF INSTITUTION

M The peace of the Lord be with you always.

C: A - men.

O CHRIST, LAMB OF GOD

C: O Christ, Lamb of God, you take a - way the sin of the world;
have mer - cy on us. O Christ, Lamb of God,



DISTRIBUTION OF THE SACRAMENT

Please see Communion note on page 7.

DISTRIBUTION HYMNS 451
331

Precious Lord, Take My Hand
Guide Me, O Thou Great Jehovah

CLOSING PRAYER

M O God the Father, source of all goodness, in your loving kindness you sent your Son to share our humanity. We thank you that through him you have given us pardon and peace in this sacrament. We also pray that you will not forsake us but will rule our hearts and minds by your Holy Spirit so that we willingly serve you day after day, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.



BLESSING

M The Lord bless you and keep you.
The Lord make his face shine on you and be gracious to you.
The Lord look on you with favor and † give you peace.



ANNOUNCEMENTS

PRESIDING MINISTER (*Sunday*) *Pastor David Kuehl*

ORGANIST *Darik Mischke*

OUR COMMUNION PRACTICE

The Lord's Supper is a fellowship meal. In this meal Jesus expresses his fellowship with us by giving us his body and blood for the forgiveness of sins. In this meal we also express our fellowship with each other, that is, that we are united in a common confession of faith.

We at St. Paul's want everyone to enjoy this fellowship meal. However, we cannot ask someone to express agreement with us until we give that person an opportunity to discover what we teach. That is why we schedule frequent membership classes, entitled Following the Promise, to provide an overview of our teachings. Contact Pastor Nate Strobel at nstrobel@stpaulmuskego.org to find the session that works best for your schedule.

If you are a member of St. Paul's or a member of a WELS or ELS congregation, we invite you to express our common confession by communing with us. You may wish to use the "Personal Preparation for Holy Communion" on page 156 of Christian Worship to examine yourself. Please register your intent to commune as a member or guest by filling out the Connection Card and placing it in the offering plate.

The light colored cups in the center of the individual cup tray contain non-alcoholic wine. Gluten-free wafers are located in the trays on the Communion rail. If you need a gluten-free wafer, please inform an usher as you approach the rail. The first pew in the left center section is reserved for those who have difficulty approaching the Communion rail, and we kindly ask those who desire to be communed privately to use these pews.

Your Ministerial Staff

Office (414) 422-0320

Pastor Jeffrey Bonack	Ext. 119	jbonack@stpaulmuskego.org	(414) 422-0501
Mr. Randy Fink	Ext. 120	rfink@stpaulmuskego.org	(414) 422-0320
Mr. Seth Fitzsimmons	Ext. 118	sfitzsimmons@stpaulmuskego.org	(414) 422-0320
Pastor David Kuehl	Ext. 121	dkuehl@stpaulmuskego.org	(262) 679-1393
Dr. Joel Nelson	Ext. 145	jnelson@stpaulmusekgo.org	(414) 422-0320
Pastor Peter Panitzke	Ext. 122	ppanitzke@stpaulmuskego.org	(414) 350-1436
Pastor Nate Strobel	Ext. 293	nstrobel@stpaulmuskego.org	(414) 422-0320
Mrs. Sally Wallner	Ext. 294	swallner@stpaulmuskego.org	(414) 422-0320



Our vision is that by every possible means we bring every person in our area of influence closer to Christ through regular worship, small groups, and serving together.

WEEKLY CALENDAR

For the week of August 27, 2018

MON	10:00 am	Walking Club (Trinity Gym)
TUE	9:30 am	Ministerial Growth Team Meeting
	10:00 am	Walking Club (Trinity Gym)
	10:30 am	Ministerial Team Meeting
	7:00 pm	<i>Following the Promise (Faith Room)</i>
WED	4:30 pm	Public School 6-8 Grade Instruction Classes
	7:00 pm	Traditional Worship Service with Holy Communion
THURS	6:30 am	Sunrise Bible Study (Faith Room)
	10:00 am	Walking Club (Trinity Gym)
	7:00 pm	The Bridge and Contemporary Band Practice
SAT	8:00 am	Men's Breakfast Bible Study (Grace Room)
	5:00 pm	Traditional Worship Service
SUN	7:45 am	Traditional Worship Service
	9:15 am	Traditional Worship Service
	9:15 am	Grace Room Bible Study
	9:45 am	The Bridge Communion
	10:15 am	The Bridge
	10:45 am	Contemporary Worship Service

WATCH ONLINE



- **Watch Live:** Attend church remotely on Sundays at The Bridge at 10:15 am. Live streaming is available at www.thebridgemuskego.org, Facebook at *The Bridge at St. Paul's*, and You Tube at *The Bridge Church Muskego*. All past live replays are also available on each platform.
 - **Sermon Videos and Podcasts:** Sunday sermons are available at www.stpaulmuskego.org and www.thebridgemuskego.org. They are usually available Sunday evening for that same Sunday's message.
-

FAMILY CHURCH

YOUR FAMILY NEEDS YOU

I received a text from a sister in Christ this week:

"I very much would love to find a small group where I can find friends. My best friend is moving to... and I'm going to need a female friend."

You may feel that you don't need to be a part of a Life Group or small group Bible study. But what about your sister or your brother in Christ?



YOU COULD BE AN ANSWER TO PRAYER

Many of us are praying for the "impossible," that not a single Christian here at St. Paul's and The Bridge is facing the joys and challenges of life alone. We are praying that God would use the Family Church effort to fulfill his promise that he "sets the lonely in families" (Psalm 68:6).

Could you be an answer to these prayers? Could you be a part of a small group or could you be a Life Group host?

WHAT DOES A LIFE GROUP HOST DO?

Hosting isn't rocket science! It is as simple as 1, 2, 3, 4.

1. Pick a night for the group and stay consistent.
2. Prepare enough seats for the group (either consistently in your home or rotate locations among the group).
3. Have a firm start and end time.
4. Have snacks (a cold glass of water or more elaborate snacks).

If you are willing to consider being a host, mark your interest on the Connection Card.

HOW DO GROUPS FORM? GROUPLINK

New Life Groups will be formed at the GroupLink sessions on Thursday, September 13 and/or Sunday, September 16 at 6:30 pm. We'll explain what a small group is like, provide snacks to enjoy, and starter questions so that you can get to know others present at GroupLink. By the end of the evening, you'll have found a group of people with whom you feel comfortable.

At the close of GroupLink, the new groups will have a short Growth Group meeting to plan the next time that they will get together.

Use the Connection Card to let us know which GroupLink you will be able to attend.

FAMILY CHURCH STARTS SEPTEMBER 9

- September 9 – The message series begins, acknowledging that no family is perfect.
- September 23 – Small Groups will begin to meet.
- October 14 – RAWKs Fund. Families and small groups will be invited to receive a gift to which they can also contribute to be used for RAWKs – Random Acts of Worship Kindness.
- October 21 – Rededication – "Pastors" of families and groups rededicate themselves to fulfilling their roles so that they might "save yourself and your hearers" (1 Timothy 4:16).
- October 28 – Celebration – Remembering the ultimate goal of the Family Church, that we might celebrate together before God's throne forever.

ST. PAUL'S NEWS

HOSPITALIZED

Brian Swessel has been discharged from the hospital.

BAPTISM

Lucas James Wishmann, son of Joseph and Brittny (nee Jefferson) Wishmann, was born December 23, 2016, and will be baptized after the worship services on Sunday, August 26. Praise God for the gift of saving faith given to Lucas.

ATTENDANCE

941 attended worship services last week.

PRAYERS REQUESTED

Please pray for the following individuals in their time of need: David Burkowitz, Mary Schauwitzer, Jeanne Steinbrecher, and Dick and Jane Sternberg.

CLOTHED IN CHRIST IN BAPTISM

A first step toward a stronger faith is a one-hour personal visit and study on baptism. Schedule this First Step visit with Pastor Nate Strobel by marking the Connection Card or contacting him at nstrobel@stpaulmuskego.org.

FOLLOWING THE PROMISE

There are two opportunities to join in on this study this fall: Tuesdays, beginning September 11, at 7:00 pm and Sundays, beginning October 14, at 8:30 am. Contact Pastor Nate to register at nstrobel@stpaulmuskego.org. This class serves as a path to membership at the end if you so wish.

NEW SEASON OF BIBLE STUDIES TO BEGIN

A diverse line-up of Bible studies has been scheduled for the Grace Room on Sunday mornings, 9:15-10:15, beginning September 9. Check the church website under the heading "grow" to learn more about the courses and their presenters.

LADIES BIBLE STUDY GROUP BEGINS SEPTEMBER 4

All ladies are invited to join the Tuesday Ladies Bible Study at 9:30 am every Tuesday, beginning September 4, in the Faith Room. The first series of lessons for 2018-19 will take a "verse by verse" look at Paul's letter to the Ephesians, which is sometimes called the book that helps us find our true identity.

SHORT-TERM EMPLOYMENT OPPORTUNITY AT ST. PAUL'S CHILD CARE CENTER

St. Paul's Child Care Center is in need of a Teacher's Aide in the One-Year-Old Room, Tuesdays and Thursdays, 8:00 - 2:00 pm. Start date needed is December 10, continuing through January 21 (6 weeks).

Please Contact Child Care Center Director Kim Neubauer at kneubauer@stpaulmuskego.org or (414) 422-0320, ext. 200, to apply.

HANDBELL REHEARSAL BEGINS SOON

Handbell rehearsal will resume on Tuesday September 4, at 6:30 pm in the church balcony. There is room for one more player. If you are interested in playing bells, please contact Dave Lemke at 262-679-9537 or dlemke718@gmail.com.

FIRST GRADE TEACHER LINDA MARTENS RETIRES

Dear Members of St. Paul's,

With a sad but confident heart, I offer my retirement from the teaching ministry effective immediately. Family obligations have led me to this hasty and necessary decision. I am confident that this is the Lord's will.

I am always thankful to the Lord for the privilege of teaching His children. I'm also thankful for your support and love. Your congregation, faculty, and students remain in my heart and prayers. I ask you also to remember me in your prayers.

God's words are always our support and strength. He says in Jeremiah 29:11; "For I know the plans I have for you," declares the Lord, "Plans to prosper you and not to harm you, plans to give you hope and a future."

In the name of the Good Shepherd who blesses and guides,

Linda Martens



OUR APPRECIATION FOR MISS MARTENS' MINISTRY

As a way to express our appreciation for Miss Martens' ministry among us, we are gathering monetary gifts to present to Miss Martens to help her as she makes this sudden transition from full-time ministry to retirement due to sudden and pressing family obligations. Please mark your gift clearly "Miss Martens Gift." Make checks payable to St. Paul's. You may place them in the offering at church or drop it by the school office. You may also text to give a special gift (Example: \$20.00 Martens) to 414-316-6733.

ST. PAUL'S LOVES KIDS AND TEENS

PRE-K BEGINS AFTER LABOR DAY

Our 3K and 4K begin the week after Labor Day. We have an anticipated enrollment of 88 with a few open seats available. We offer a variety of scheduling options – half day or all day, the number of days, and wrap-around care. If you would like to consider Christian education for your 3 or 4-year-old, or if you know someone who would still like to enroll their child, contact Pre-K Director Michele Drska at (414) 422-0320, ext. 144.

SUNDAY MORNING YOUTH MINISTRY RESUMES IN TWO WEEKS



Kids Club (Age 3 – Grade 6)

Our Sunday morning youth ministry for children 3 years-old through 6th grade resumes on Sunday, September 9, at 9:15 am in the school. Kids Club uses a “Large Group-Small Group” format of Bible stories, music, singing, and lesson reinforcement activities that engage all the learning styles.



Boost (Grades 7 & 8)

Boost (7th and 8th grade) also begins on Sunday, September 9, at 9:15 am in the school using a thematic curriculum of Bible history, current events, and life/family issues all centered on God's Word.

For more information contact Dr. Joel Nelson at (414) 422-0320, ext. 145, or jnelson@stpaulmuskego.org. You can find the Kids Club and Boost schedules of lessons on the church website at www.stpaulmuskego.org/grow/sunday-morning-youth-ministry/.

BE A READING BUDDY

Reading Buddies is a weekly reading program in our Lutheran school where an adult partners with a child to listen and at times read with them to encourage a love for reading. Individuals of any age may volunteer for as many times per month that work for you. Reading Buddies will begin Wednesday, September 5 and will meet every Wednesday from 9:45 to 10:45 am in the Trinity Cafe. Contact Mr. Seth Fitzsimmons at (920) 342-7924 or sfitzsimmons@stpaulmuskego.org if you are interested.

TUG ON SEPTEMBER 9

The next Teens Under God (TUG) night is Sunday, September 9, 6:30-8:00 pm, in the Trinity Gym. It will be open-gym time. TUG is a great place for teens to grow in faith and develop Christian relationships. Contact Dr. Joel Nelson at (414) 422-0320, ext. 145 or jnelson@stpaulmuskego.org for more information.

FINANCIAL PEACE FOR YOUR TEEN AND YOU

Generation Change, a Dave Ramsey course for teens and their parents that is part of the well-known *Financial Peace University* series will be offered the Sundays of September 16, 23, and 30, 12:00-1:30 pm. Teens (and parents) will learn their value in God's eyes and what the Bible says about money. The importance of giving, the dangers of debt, how to budget and save wisely, and how to plan for large purchases will be covered. All sessions will be in the Faith Room with complimentary lunch provided. To reserve your place, contact Dr. Nelson at jnelson@stpaulmuskego.org or (414) 422-0320, ext. 145, by September 9.

ST. PAUL'S IN THE COMMUNITY

WATCH FOR OUR FLOAT IN THE MUSKEGO FESTIVAL PARADE

St. Paul's will be sponsoring a float in the Muskego Festival Parade on Sunday, August 26. One of our worship bands from The Bridge, His Way – featuring Mike and Emily Krill, will be performing on the float for the community. The theme of our float is *"Snow place to go? Don't wait until the cold of winter to come to a place of warmth and welcome."* Flyers will be distributed promoting the platforms available to watch The Bridge live-streamed worship service each week, as well as lots of candy tossed to the crowds. Watch for us and give a friendly wave and hello!

ST. PAUL'S CARES FOR THE COMMUNITY

St. Paul's will be supporting the Muskego Chamber of Commerce Student Education & Workforce Development program by sponsoring an Adirondack Chair this fall. Once local art students paint the chair, it will be on display at St. Paul's for the community to see and then travel to a silent auction. Proceeds will benefit mentoring lunches, career tours, and student scholarships. This is just another way that St. Paul's shows our care and support for the community of Muskego.

STORAGE NEEDED FOR LIVING NATIVITY STABLE

The garage where the Living Nativity set/stable is currently stored has been sold. We need to have the set moved out by the end of November. The stable walls, floor, and ceiling do break down into pieces and only need to be accessed once every 2 years. The space needed is approximately 7 feet X 14 feet with a 7 foot height. If you are able to provide a home for these items or can provide a referral of a location, please contact Outreach Coordinator Sally Wallner at (414) 422-0320, ext. 294, or swallner@stpaulmuskego.org.

VOLUNTEERS NEEDED FOR MUSKEGO SENIOR TAXI

As part of our community outreach, we share opportunities for our members to volunteer within our community. The Muskego Senior Taxi is actively looking for a new closer. A closer would volunteer their time on Tuesday, Wednesday, and Thursday, approximately 4:30 pm until 6:00 pm, to file paperwork and prepare instructions for drivers the next day. If you are interested in learning more, contact Outreach Coordinator Sally Wallner at swallner@stpaulmuskego.org or (414) 422-0320, ext. 294 or Kayla Parker at Muskego Senior Taxi at (262) 679-4754.

FRIDAY NIGHT SUPPERS AT LIGHTHOUSE YOUTH CENTER

St. Paul's is partnering with Lighthouse Youth Center of Garden Homes Lutheran Church to provide suppers for their after-school ministry. The typical menu is easy food to prepare and serves about 30-40 youth. Volunteers provide the food, deliver it, help serve it, and then hang out with the kids a little. If your group would be interested please contact Dr. Nelson (414) 422-1711, ext. 145, or jnelson@stpaulmuskego.org. More information about Lighthouse Youth Center can be found at www.lighthouseyouthcenter.com.

FLU SHOTS AVAILABLE AT STONEY CREEK

Walgreens will be coming to Stoney Creek on Tuesday, September 11th at 1 pm to offer flu shots. To sign up, contact Anita at Stoney Creek at 414-422-4686. For more information about Stoney Creek check out their website at www.stoneycreekmuskego.com.

WISCONSIN LUTHERAN HIGH SCHOOL NEWS

WISCONSIN LUTHERAN HIGH SCHOOL INSTALLATION AND ANNIVERSARY SERVICE

Join WLHS in celebration at their installation and anniversary service on Sunday, September 9, at 3:00 pm at St. Peter's Lutheran Church (1205 S 8th St.) in Milwaukee. The service will include the installation of St. Paul's former teacher Mr. Justin Walz. All are invited to stay for the reception following the service.

WLHS JR. VIKINGS FLAG FOOTBALL CAMP

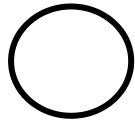
The Wisconsin Lutheran High School football program is offering a 3-day camp on September 8, 15, and 29 for boys in grades 2-4 to familiarize them with the fundamentals of football in a Christian setting. Participants will spend time practicing football basics (stance, catching, throwing, etc.) before dividing into teams to play games. Cost is \$25 per person. Please register by Monday, August 27, by going to www.wlhs.org/jrvikings and selecting "Flag Football Registration."

EXTRA FABRIC NEEDED FOR FASHION TECHNIQUES CLASS AT WISCO

Do you have more fabric than you'll ever use? Would you like to see sewing skills passed on to the next generation? The Wisconsin Lutheran High School Fashion Techniques department is in need of extra fabrics, scraps, notions, and patterns for students to develop their God-given talents. Please contact Patti Wenzel at (414) 453-4567, ext. 1851, or patti.wenzel@wlhs.org.

JUNIOR VIKING GIRLS BASKETBALL TRYOUTS

All girls entering grades 4-8 are invited to tryout for the Jr. Vikings girls' basketball team. This team is part of a Christ-centered program aimed at helping girls who are interested in attending WLHS and playing high school basketball. Register for tryouts at wlhs.org/jrvikings under "Girls Basketball." Please E-mail Coach Randy Strutz at randall.strutz@wlhs.org with questions.



GroupWork

Bible Study Discussion Starters

Life application materials for us in Connector Groups, home devotions, and other small groups.

1. Where have you seen God working in your life this past week?

2. This week's message focused on the safety and security that can be found in understanding God's knowledge of you. What type of reaction does the statement "God knows *everything* about you" evoke in your heart?

3. As a group, read Psalm 139:7-12 and apply *Luther's Four Strands of Meditation* to it under the theme of today's message: "Safe."
 - What is God teaching me in these passages?

 - As I read these passages, what am I grateful for?

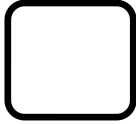
 - What do these passages move me to confess?

 - As a result of all these things, what am I going to pray for?

4. In his message, Pastor said, "*If we're looking to truly understand who we are, our strengths, our weaknesses, what we need to build on, and what we need to change, God can bust that door wide open for us.*" How might your life look different if you asked God to help you "bust that door wide open"?

5. Is there anyone in your life right now that is going through a time of self-doubt, unrest, or fear? What could you share from this week's message that might give them comfort?

6. As a group, make a commitment to go through John 10:27-30 this week with *Luther's Four Strands of Meditation*. Include in that plan the next step of sharing your responses from that exercise with at least one other person in your group!



NoteSheet

Sermon Outline

Take notes during the sermon to help you remember the main points

Rest for the Stressed -- Safe

Psalm 139 (page 621)

“Lord, You Know Me!”

“You have searched me, Lord, and you know me...you are familiar with all my ways.”

Instruction -
Thanksgiving -
Confession -
Prayer -

“You are there...”

Instruction -
Thanksgiving -
Confession -
Prayer -

“You knit me together in my mother’s womb.”

Instruction -
Thanksgiving -
Confession -
Prayer -

“See if there is any offensive way in me, and lead me in the way everlasting.”

Instruction -
Thanksgiving -
Confession -
Prayer -

Next Steps

- If you began reading one of the Gospels using Luther’s four strands on a section each day, kudos to you! Keep it up. If you didn’t, start this week.
- Set aside one day to focus on Psalm 73 in preparation for next week’s message. Use Luther four strands concentrating in on the psalmist’s struggle with the unfairness of life.
- Join a Life Group (small group) to find rest together. Sign up for GroupLink on the Connection Card.