

COMMUNION DISTRIBUTION

Steps to Keep Us All Healthy

If you feel ill, please do not attend worship or any other function at St. Paul's.

As we begin communion in the service, we are taking the following precautions:

- Those preparing the elements are asked to wash hands frequently and wear masks.
- Communion distributors will wash their hands immediately before distribution of communion.
- Hand sanitizer will be available for the communion distributors and the communicants.
- Markings on the floor will encourage communicants to maintain social distance.
- The distributor of the bread will drop the wafer into the cupped hands of the communicant.
- Individual communion cups will be spaced out on the tray so communicants can pick up their own cup without touching other cups.

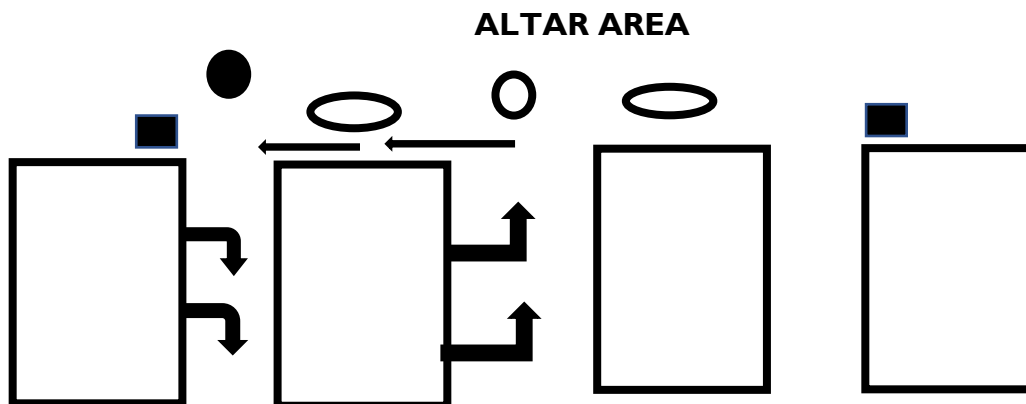
Continuous Communion

To avoid gathering “tables” of 14 communicants at the altar rail, we will practice “continuous communion” as is often seen at district and synod conventions. In the diagram below, the top is the front of the church.

We will commune one side of the congregation at a time. You will be ushered into the center aisle and wait six feet apart to receive the Lord's Supper. We will begin with the center section, then the outer section will be ushered to the back to form a line down the center aisle.

As you step forward to receive the Lord's Supper, please cup your hands together. The pastor (circle in diagram below) will say, “The body of the Lord” and drop the wafer into your hands.

After receiving Jesus' body in the bread, step down the table (the oblong in diagram below) to the marking on the floor and take a communion cup. Red is wine with alcohol and clear is non-alcoholic. Then step in front of the pastor (solid circle below) who will then say, “The blood of the Lord.” After drinking Jesus' blood in the wine, turn and return to your seat, disposing of the cup in the receptacle (solid square below).



After the distribution is complete, the pastor will announce the blessing that is normally used to dismiss the tables at the altar rail. Our current plan is to offer communion the second and last weekends of the month as we did before.