

# FOR FAMILIES TO LEARN AND GROW TOGETHER IN JESUS

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## Week of October 11, 2020



DIGGING INTO



### Fruit of the Spirit: Kindness

[Galatians 5:22](#); [Genesis 18:1-15](#)

#### THE LESSON

The first Patriarch, Abraham, and his wife Sarah are promised by God that they will have a son even though they both are way past the age to have children. God's promise is not fulfilled right away, however. In fact, about 25 years pass between God's first promise to Abraham and Sarah and the promise made by God in our lesson today. It happened like this...

The Lord (Jesus in human form) and two other men visit Abraham and Sarah at their tent during the hottest part of the day. The Lord comes to tell Abraham that Sarah will give birth to a son one year from now.

Before the Lord can share the good news, Abraham invites the men to rest and eat with Sarah and him. Abraham brings water to wash the men's feet and tells Sarah to bake cakes of fresh bread. Abraham also serves the visitors cheese, milk, and freshly cooked meat. Abraham shows great hospitality and kindness to the visitors.

Abraham is kind to the visitors because the Holy Spirit put love for God and kindness for others in his heart. Read about this lesson in Genesis 18:1-15 above.

#### THE POINT

*Kindness is a fruit of the Spirit.*



*"I will surely return to you about this time next year, and Sarah your wife will have a son."*



[Abraham and Sarah](#)

**Check this out**



[Sarah Laughs](#)

## Living By the Spirit



## All That Is Good



## Walk Humbly



## The Love of God



**SING OUT WITH**

**ALL YOUR HEART**

## Family Together Time

Invite someone to your home for dinner this week.

- Get everyone involved in the meal preparation in some way.
- Have your kids think of ways to show kindness to your visitor, and do them.
- When your visitor arrives, shower kindness on him/her!
- Let your child explain to your visitor that kindness is a fruit of the Spirit.



## WATCH AND DISCUSS... [Lauren's Story](#)

1. In what ways is Lauren a pretty typical kid, probably just like you?
2. In what special way did Lauren decide to show kindness to others?
3. What are Lauren's jobs at the Food Kitchen?
4. Lauren says, "I feel like God wants me to do this." What does she mean?
5. Lauren says, "It's important that we care for people who don't have much." Do you agree? Explain.
6. How does Lauren treat the people at the Food Kitchen? How do the people treat her?
7. Because Lauren enjoys serving so much, she invited others to come along and help her. Why would she do that?
8. Lauren says, "God has given me the power to show others that they matter." Do you think God has given you that same power? Explain.
9. How does this story about Lauren relate to the Bible lesson about Abraham's visitors?
10. What acts of kindness could you show someone this week to help them see the Holy Spirit at work in you?

## Let's Pray Together

**Dear Heavenly Father, you are so kind to us. Thank you! Please put your love and Holy Spirit in our hearts so we can be kind to others. Help us to be like Abraham and Lauren who we learned about today and who let "Fruit-of-the-Spirit-Kindness" pour out of them to others. In Jesus we pray, Amen.**